



EAMHID 2023: First Announcement

**14th European Congress of Mental Health
in Intellectual Disability | Helsinki, Finland,
21-23 September 2023 | Best Practices -
Better Life**

Venue

Clarion Hotel Helsinki is located in the city center (Tynnenmerenkatu 2, Helsinki). Part of the programme is streamed.

Register Now!

Online registration is now open at
eamhid2023.eu/register
Early Bird Fee up to 14.4.2023.

Submit Your Abstract!

Deadline for abstract submission is 17.3.2023.
Submit your abstract at
eamhid.eu/abstract-submission



Welcome to Helsinki!

We are pleased to invite you to the 14th EAMHID Congress in Helsinki, Finland. The congress will be organized by KTO and FAIDD, both organisations working for better life for the persons with learning difficulties. Our congress' theme is "Best Practices – Better Life" and as before the congress will provide numerous possibilities both scientists, practitioners, and persons with disabilities with their families to encounter and discuss. Our purpose is to introduce new scientific findings and evidence-based methods but also best-practices to improve mental health and life of these vulnerable group. The congress will offer different symposium, workshops, roundtable discussions and many keynote lectures and our aim is to promote multiprofessional work. Part of the programme will be streamed so you can also attend online.

On behalf of the EAMHID, KTO and FAIDD we warmly welcome you to the 2023 Helsinki congress!

OILI SAUNA-AHO

Congress President of the European Association for Mental Health in Intellectual Disability (EAMHID), Director of Development and Expert Services at the KTO, Support and Expert Center for Persons with Intellectual Disabilities, Paimio, Finland.

Tervetuloa Helsinkiin!

Olet lämpimästi tervetullut 14. EAMHIDin kongressiin Helsinkiin, jonka järjestävät KTO, Kehitysvamma-alan tuki- ja osaamiskeskus yhdessä Kehitysvammaliiton kanssa. Kongressin teemana on "Hyvät käytännöt – parempi elämä" ja se sisältää paljon erilaisia mahdollisuuksia niin tieteentekijöille, käytännön toimijoille kuin myös kehitysvammaisille henkilöille ja heidän läheisilleen tavata ja keskustella kehitysvamma-alaa koskevista asioista. Tarkoituksenamme on esitellä uusimpia tieteellisiä oivalluksia ja tutkittuun tietoon tai käytäntöön perustuvia hyviä käytänteitä, joiden avulla voimme mahdollistaa ja parantaa tämän haavoittuvan ihmisryhmän mielenterveyttä ja elämää. Kongressin kieli on englanti, mutta kaikki keynote-luennot tulkataan suomeksi ja lisäksi on paljon myös suomenkielistä ohjelmaa. Osaa ohjelmasta on myös mahdollista seurata striimattuna ja tallenne on katsottavissa myös myöhemmin.

Toivotamme lämpimästi tervetulleiksi kongressiin kaikki alalla työskentelevät, tutkijat kuin myös vammaiset henkilöt ja heidän läheisensä osallistumaan ja tuomaan oman panoksensa tärkeään asiaan!

OILI SAUNA-AHO

Congress President of the European Association for Mental Health in Intellectual Disability (EAMHID), Kehittämis- ja asiantuntijapalveluiden johtaja, KTO, Kehitysvamma-alan tuki- ja osaamiskeskus, Paimio.

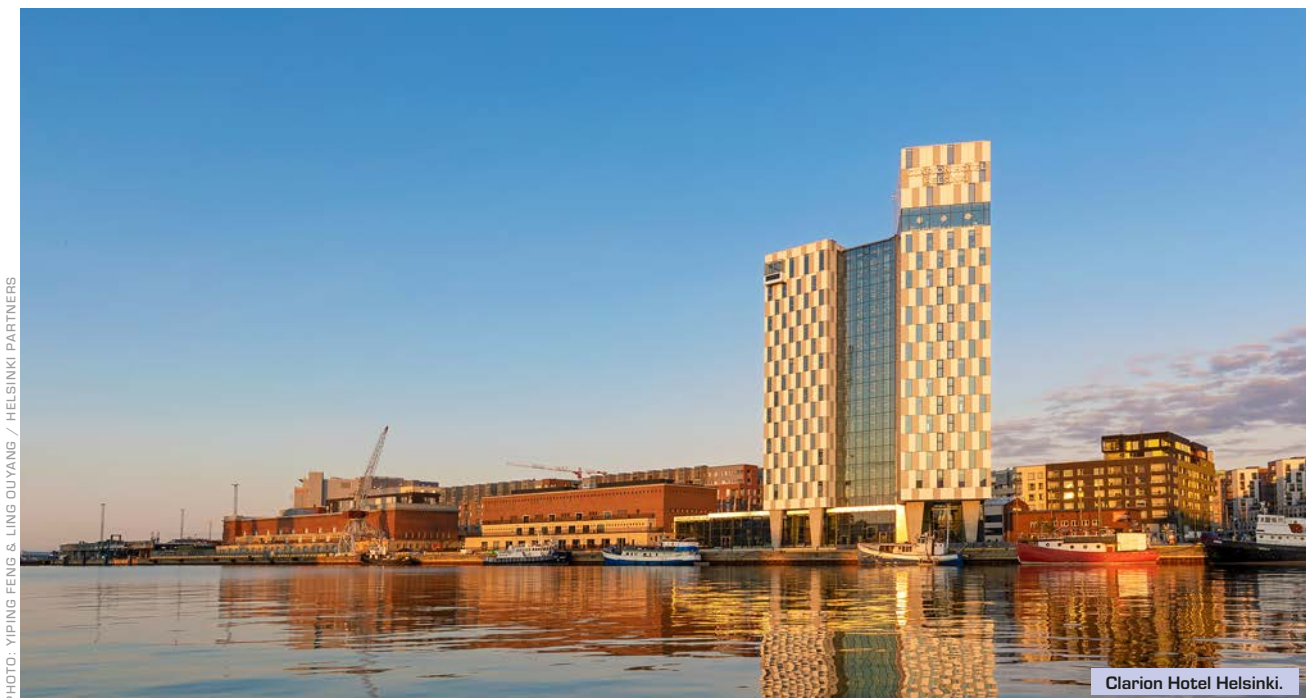


PHOTO: YIPING FENG & LING OUYANG / HELSINKI PARTNERS

Clarion Hotel Helsinki.

Keynote-Speakers

- **NICK BOURAS**, History of EAMHID (UK)
- **MARCO BERTELLI**, Mental Health and Intellectual Disabilities (IT)
- **ELINA KONTU**, Communication as windows to autism (FI)
- **ILONA AUTTI-RÄMÖ**, Problems linked with prenatal alcohol exposure (FI)
- **MARIA ARVIO**, Aging in X-linked intellectual disability (FI)
- **JARMO KÖRKKÖ**, Rare and common causes genetic analysis in people with ID (FI)
- **IRENE TUFFREY-WINE**, Palliative Care (UK)
- **JYRKI PINOMAA**, Family view's on support in service provision (FI)
- **KATRINA SCIOR**, Stigma (UK)
- **PETER CRONIN** and **EDDIE CHAPLIN**, A mental health service user and staff (UK)
- **STEVEN DEGRIECK**, The role of our internal senses in sensing, understanding and regulating stress (BE)
- **VANESSA OLIVIER-PIJPERS**, Layers of the organizational environment in the care for people with intellectual disabilities and challenging behaviors (NL)
- **JANNELIEN WIELAND**, Suicidal behaviour in people with intellectual disabilities (NL)
- **P. VAN DER HELM**, The Crocodile, the Horse and the Rider. About Self-Regulation. (NL)
- **NIGEL BEAIL**, Advances in Psychotherapy for People with ID (UK) - (to be confirmed)
- **PETER LANGDON**, Advances in psychological Therapies (UK) - (to be confirmed)

Suomenkielinen ohjelma perjantaina 22.9. sisältää mm. session emotionaalisen kehityksen arvioinnista.

Pre-Congress Courses

- **Caregiving for and attachment of persons with severe or profound intellectual disabilities.**
Sien Vandersande, Belgium
- **Social emotional functioning of persons with a mild ID.**
Marie Ilic, Marcus Vogel & Lioba Grünfelder, Germany
- **Peter and Friends talk about involving people with intellectual disabilities in their care.**
Peter Cronin, Eddie Chaplin & Steve Hardy, United Kingdom
- **Assessing and treating pain experienced by people with severe or profound intellectual disabilities.**
Annemiek Enninga, Helen Korving, Sylvia Huisman, Aly Waninge, Annette van der Putten & Paula Sterkenburg, The Netherlands
- **Using the mirror game to look at body movement, attachment, and non-verbal communication among persons with intellectual disability.** Rinat Feniger-Schaal, Israel
- **Emotionaalinen kehityksen arviointi ja sen hyödyt arjessa.**
Anna-Elina Leskelä-Ranta, Ari-Matti Saari & Oili Sauna-aho, Finland

Congress Includes

- **16** Keynotes
 - **1** Historical
 - **10** State of the Art
 - **5** Meet the Expert
- **6** Pre-Congress Courses
- **36** Symposia (solicited and individual)
- **5** Co-Production Sessions
- **4** Roundtable Discussions

Current state of planning, possible subject to change.

Congress Fees

Participant	Early Bird before 15th April 2023	Regular from 15th April 2023
Member EAMHID	375 €	440 €
Non-members EAMHID	465 €	505 €
Next-of-kin, pensioners and students* / low-income countries**	185 €	250 €
Pre-congress including Thursday lunch	50 €	50 €

Optional Congress Dinner: 65 € (all participants).

* According to valid student ID.

** Eastern, Southeastern and Northeastern Europe: Bulgaria, Moldavia, Romania, Slovakia, Ukraine, Hungary, Poland, Czech Republic, Estonia, Latvia, Lithuania, Albania, Bosnia and Herzegovina, Kosovo, Greece, Croatia, North-Macedonia, Montenegro, Serbia, Cyprus, Africa (according to valid ID).



Become a Member

Become a member at eamhid.eu/membership.

Social Programme

- Thursday 21.9.: Speakers dinner (by invitation) will take place at Clarion hotel.
- Friday 22.9.: Congress dinner will take place at Original Sokos Hotel Presidentti.

Support the Congress

Support the congress by sponsoring different aspects around the congress such as scholarships for students, professionals from low-income countries, persons with disabilities etc.

Contact

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More Information:

- For more information visit us at eamhid2023.eu

