

Anna-Elina Leskelä-Ranta

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Finland

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Family	Born in 27.01.1970 in Helsinki, Finland and living with my husband in Helsinki. I have two adult children.
Work experience	20.5.2025 - ongoing Vantaa and Kerava Welfare Area - VAKE Disability services, unit of counseling and client guidance • Area manager • Management of the quality of services and developing the assessment of service needs 1.3. 2013 – ongoing Psychological Services Leskelä-Ranta (trade name), Developmental Psychology Clinic for Young Children • Psychologist, supervisor • Services for families: Assessments of interaction relationships, observations, interventions, treatments, and consultations with psychologists on parenting. • Training for professionals: Educating MIM method training and Nurture and Play intervention training. Supervision of social and health care professionals in developmental psychology and interaction issues concerning young children. Community-dynamic supervision (individuals, work communities, and supervisors) 1.1.2023-19.5.2024 HUS Helsinki University Hospital, Psychiatry, Centralized Services Line, Medicine of Developmental Disabilities • Leading psychologist and operational management • The unit includes four departments, two outpatient clinics, and mobile specialist services. Leading work for psychologists, social workers, and a speech therapist, as well as professional leadership in psychological work. Development tasks, such as - Steering group for the development of a model for managing challenging behavior, - member of Dialectical Behavior Therapy steering group, - Working group for the development of psychosocial treatments for people with intellectual and developmental disabilities 1.1.2023 – 19.5.2024 Joint position of welfare areas in southern Finland • psychology expert member Membership in the decision-making expert group for demanding

multidisciplinary support. Decisions on involuntary special care for people with intellectual and developmental disabilities and THL cooperation in the case of special care for those not convicted of a crime

1.1.2005-31.7.2014

Eteva joint municipal authority for the persons with intellectual disabilities.

- **Leading psychologist**
- Working with persons with ID and challenging behaviour and other neuropsychiatric problems.
- Leading a work of a multidisciplinary expert team, that includes psychologists, social workers, occupational therapists, a physiotherapist, and a speech therapist.
- Member of the Special Care Management Team.
- Implementation of the Emotional Development Phase Assessment Tool (Seo-R2), training for trainers in the EMO project.

1.4.2009-31.12.2016

Espoo Family Counseling center, Therapeutic Infant Family Work, psychologist, team leader

- Working with families from pregnancy to first year of baby.
- Supporting early interaction, attachment relationship and mentalization.

1.8.2004 – 30.3.2009

The Association for People with Intellectual Disabilities, Education and Development Services Unit

- **Special planner**
- Projects:
- **Non-specific learning disabilities, LOV-project – Research, Evaluation and Development of models to prevent marginalization (2004-2006).**
Different Ways to Survive – A Long Road to Adulthood, Leskelä-Ranta, A-E. In Laaja-alaiset oppimisvaikeudet (2009), V.Närhi and H. Seppälä (eds.)
- **From Invisible to Visible, FASD – Development Project for Support and Services for Children and Youth (2008 - 2009)**
- Tasks as training, consulting related to developmental issues, early interaction, mental health, psychosocial functioning and challenging behavior in individuals with intellectual disabilities.

7.1. 2002 – 31.8 2003.

Espoonlahti Family Counseling Center, Social and Health Center

- **Psychologist for children and families**

1.8.2000 – 31.12.2001

Psychiatric Day Center for Young Children, HYKS/HUS, Children's and Adolescents' Hospital, Helsinki

- **Psychologist, project coordinator**

	• Outpatient interaction assessments and treatments for families with young children with psychiatric symptoms • PILARI project (2000-2002) was a joint project of child psychiatry, family counselling, maternity clinic, day care and child protection. In PILARI Espoo city and HUS learned together to utilise interactive relationship assessments based on attachment theory (Care Index, Marshac Interaction Method, for example), as well as to develop cooperation methods and a therapeutic models for working with families with babies at family counselling centres. As a coordinator I was responsible for working groups, supervision of maternity clinics and reporting. 13.6.1996-30.6.2000 The Association for People with Intellectual Disabilities, Research Unit and later Education and Development Services Unit. • Education Planner 1.1.2000 – 30.6.2000., • Project for the psychiatric residential facility for people with intellectual disabilities (1996-2000). • Results from Interaction Project (1998-2000) – development project for elementary school. • Training and consultations related to psychosocial functioning, social skills, and supported employment • Research Assistant 13.1.1997 – 31.12.1999. • Support Group Project (1998-1999) - Preventing the marginalization of young people with learning difficulties and mild intellectual disabilities through work. Study report: A Bumpy Journey into the Workforce. • Consultation project for a psychiatric residential facility for individuals with intellectual disabilities (1996-2000). Consultations, research interviews. In the book Mental Health Services for People with Intellectual Disabilities in the 2000s Ed. H. Seppälä. An article about a housing unit specializing in psychiatric problems for people with intellectual disabilities. New Beginning - The first year of the Metsäpuro. • Quality of Life project, 1996-1998, research interviews. • Psychology Intern in the research unit 13.5. 1996 – 12.12.1996. Mental Health Services for People with Intellectual Disabilities project (1994-1997). Coordinating consultations for the project. • Assisting tasks in Developing Assessment method for Functional Capabilities for People with Intellectual Disabilities – PSYTO (1996) H. Seppälä & M. Ojanen
Volunteer work	Training and coaching in organization Huiling in Guangzhou, China, on the basics of interaction and mental health in everyday rehabilitation and

	educational. One or two weeks a year, from 2006 to 2016.
Education	Jyväskylä University Licentiate in Psychology – LicPsych, Specialist Degree in Psychology (developmental psychology) 1992-1997 Helsinki University Master of Arts – MA (Psychology) 1991-1998
Professional and clinical training	Development project for an emotional development assessment tool – trainer qualification Developmental Disabilities Association, trainer as a neuropsychologist. PhD, PsyD, Oili Sauna-aho 2020-2022, Espoo Supervisor and Leadership Training (TyJo) program, 2.5 years. SosPed Center 23.1.2021, Helsinki Theraplay Practitioner, Finnish Theraplay Association ry. 5.2.2019, Helsinki Nurture & Play (NaP) Instructor Training Developmental Psychology Clinic for Young Children PiLKe. Trainers: Hanna Lampi and Saara Salo, 2019, Helsinki Training in Emotional Availability (EAS, 4th ed) Developmental Psychology Clinic for Young Children (Pilke Clinic). As a trainer psT, licensed psychotherapist Saara Salo. March 3-4 and March 30, 2014, Helsinki Early Childhood Mental Health Work (Approbarur) Department of Child Psychiatry, Faculty of Medicine, University of Helsinki university. Several trainers, responsible trainer child psychiatry prof. Fredrik Ahlqvist. January 29, 2007, Helsinki. Care-index method – training for observing early interactions. Helsinki Eastern Social Center. Trainer PsyD Saara Salo. 6-day training series 2001-2002, Helsinki. Father-mother-child interaction – Lausanne triadic play method Hyks, Children's and Youth Hospital, Pilari project. As a trainer, Psychologist Hedenbro, Karolinska Institute, Sweden. March 23-24, 2001, Espoo.

Publications and rapports	In Finnish: Tuomi, E., Keränen, H., Leskelä-Ranta, A-E., Railosvuori, S., Ruusuvuori, S., Taskinen, H. & Vanhatalo, A-L. (2022). <i>Opas aistimonivammaisuudesta: AiMo-käsikirja 2.0.</i> Eteva Leskelä-Ranta, A-E. (2011). <i>Laaja-alaiset oppimisvaikeudet ja elämänkulun kerronta.</i> Licensiaattityö. Jyväskylän yliopisto. Närhi, V. ja Seppälä, H. (toim.) <i>Erilaisia tapoja selviytyä – pitkä tie aikuisuuteen,</i> Leskelä-Ranta, AE. Teoksessa <i>Laaja-alaiset oppimisvaikeudet</i> (2009) Pietiläinen, E. & Leskelä-Ranta, A-E. (2006). <i>Tie tulevaisuuteen – Hyppy haaveisiin. Henkilökohtaisen tulevaisuuden suunnitteleminen.</i> (PFP käsikirja). Yliopistopaino Nikkanen, H., H., Numminen, H., Närhi, V., Leskelä-Ranta, A-E, Seppälä, H. & Ahonen, T. (2005). <i>Laaja-alaiset oppimisvaikeudet: Teoriaa ja pohdintaa.</i> NMI-Bulletin, 15, 21-26. Almqvist, S. & Nurmela, A-E. (2002). <i>PILARI- pienten lasten mielenterveystyön kehittäminen perustasolla.</i> Espoonlahden sosiaali- ja terveyskeskuksen ja Hyks:n pienten lasten psykiatrisen yksikön yhteishanke. Loppuraportti. Julkaisematon lähde. Nurmela, A-E. (2000). <i>Takkuinen taival työelämään – Tukijoukko projektin kokemuksia nuorten työllistymisestä tuen avulla.</i> Kehitysvammaliitto. Nurmela, A-E. & Seppälä, H. (1998). <i>Uusi alku – Metsäpuron ensimmäinen vuosi.</i> Teoksessa: H. Seppälä, H. (toim.) <i>Solmut auki – Kehitysvammaisten mielenterveyspalvelut 2000-luvulla.</i> Kehitysvammaliitto.
Presentations and posters	Sillalla -seminaari, Helsinki 15.3.2024 Presentation in Finnish: Oikeanlaista vuorovaikutusta emotionaalisen kehityksen eri vaiheisiin EAMHID (European) – congress Helsinki 21.- 23.09.2023 Presentation in Finnish: Emotionaalisen kehityksen arviointi – tulosten jalkauttaminen Pre-kongressin työpaja: Emotionaalisen kehityksen arviointi ja sen hyödyt käytännössä Sillalla Seminaari Helsinki 12.3.2020 Presentation in Finnish: Onko meillä välineitä tunne-elämän tutkimiseen? WAIMH (World Association for Infant Mental Health) –congress2023 19.7. 2023 Dublin, Irlanti A-E Leskelä-Ranta, H. Lampi H. <i>Nurture & play intervention pre- and postnatally, a workshop</i> WFOT (World Federation of Occupational Therapists) –congress 2018 27.5.2018 Kapkaupunki, Etelä- Afrikka Poster: H. Lampi, A-E Leskelä-Ranta. <i>Nurture and play groups</i>

WAIMH (World Association for Infant Mental Health) –congress 2018

26.-30. 5. 2018 Rooma, Italia

Video presentation: A-E Leskelä-Ranta, H. Lampi H. *Nurture & play – group for fussy babies and their moms.*

Psykologia 2006 kongressi

23-25.8 2006 Tampere.

Presentation in Finnish: A-E. Leskelä-Ranta, Heikki Seppälä, Hanna Nikkanen, Vesa Närhi, Sanna Leino ja Timo Ahonen. *Laaja-alaiset oppimisvaikeudet ja siirtymävaiheenuoruudesta aikuisuuteen – syrjäytymisen ja selviytymisen tarinoita*

Presentation in Finnish: Hanna Nikkanen, Vesa Närhi, Timo Ahonen, A-E. Leskelä-Ranta, Heikki Seppälä. *Heikon koulumenestyksen taustat.*

The 2dn International Congress of IASSID-Europe 2006

2-5.8 2006 Maastricht, Hollanti.

Poster: A-E. Leskelä-Ranta, Heikki Seppälä, Sanna Leino. *Non-specific learning disabilities and transition to adulthood*

Poster: Heikki Seppälä, A-E. Leskelä-Ranta. *Does consultation for teachers enhance the support for pupils with learning difficulties in transition from school to postsecondary education?*

Kuntoutuspäivät

09.- 10.2006 Helsinki.

Presentation in Finnish: A-E. Leskelä-Ranta, Heikki Seppälä, Hanna Nikkanen, Vesa Närhi, Sanna Leino ja Timo Ahonen. *Laaja-alaiset oppimisvaikeudet ja siirtymävaihe nuoruudesta aikuisuuteen.*

Psykologimessut 05

8.12.2005 Helsinki.

Presentation in Finnish: A-E. Leskelä-Ranta, Heikki Seppälä, Hanna Nikkanen, Vesa Närhi ja Timo Ahonen. *Laaja-alaiset oppimisvaikeudet ja syrjäytymisen ehkäisy*

Oppimisvaikeuksien tutkimus suomessa –tutkijatapaaminen

26.- 4.2005 Turku.

Presentation in Finnish: A-E. Leskelä-Ranta, Heikki Seppälä, Hanna Nikkanen, Vesa Närhi ja Timo Ahonen. *Laaja-alaiset oppimisvaikeudet ja siirtymävaiheenuoruudesta aikuisuuteen –alustavia tuloksia haastattelututkimuksesta.*

Presentation in Finnish: Hanna Nikkanen, Vesa Närhi, A-E. Leskelä-Ranta, Heikki Seppälä ja Timo Ahonen. *Laaja-alaisiin oppimisvaikeuksiin liittyvän syrjäytymisen ehkäisy – Kuvaus peruskoululaisista kerätystä aineistosta ja tutkimussuunnitelma*